

Family Green Action Report Card

Name: _____ HSC Religious School Class: _____

Green Action	Week 1	Week 2	Week 3	Week 4
Turn off lights when exiting a room				
Unplug unused computers				
Unplug chargers that are not in use				
Buy and use a smart strip for multiple electronics				
Change lights to CFLs or LEDs				
Wash clothes in cool water				
Take shorter showers				
Do not run water constantly while brushing teeth				
Wash dishes when dishwasher is full				
When hand washing dishes/items, soap in groups and rinse in groups without running water constantly				
Recycle every week (papers, glass, plastic)				
Donate used goods instead of throwing them away				
Recharge batteries				
Avoid using plastic forks, spoons, knives				
Avoid using paper plates				
Avoid Styrofoam in the house				
Take a reusable mug, cup when buying coffee, or other beverages for refills				
Reduce or eliminate the use of store plastic bags: Take reusable bags to grocery store				
Eliminate use of paper towels				
Reduce use of paper towels/use washable cloths or rags				
Use recycled paper napkins or cloth napkins at meal time				
Do not allow car to idle. Example: walk to your mailbox, turn car off when making quick trips. Do not leave car running while you are in a building.				
Use a car wash that recycles water. If you wash your own car, wash it over a grassy area, soap it down , then rinse to conserve on water				
Buy large bottles of water, not individual bottles				
Use a reusable water bottle and fill as needed				
Buy locally grown foods when possible (vegetables, fruits) or support a grocery store that buys local grown produce. ASK!				
We have decreased the number of times that we eat red meat per week				
Use reusable plastic bags, containers to pack snacks				
Totals for each week				
Grand total for all 4 weeks				